



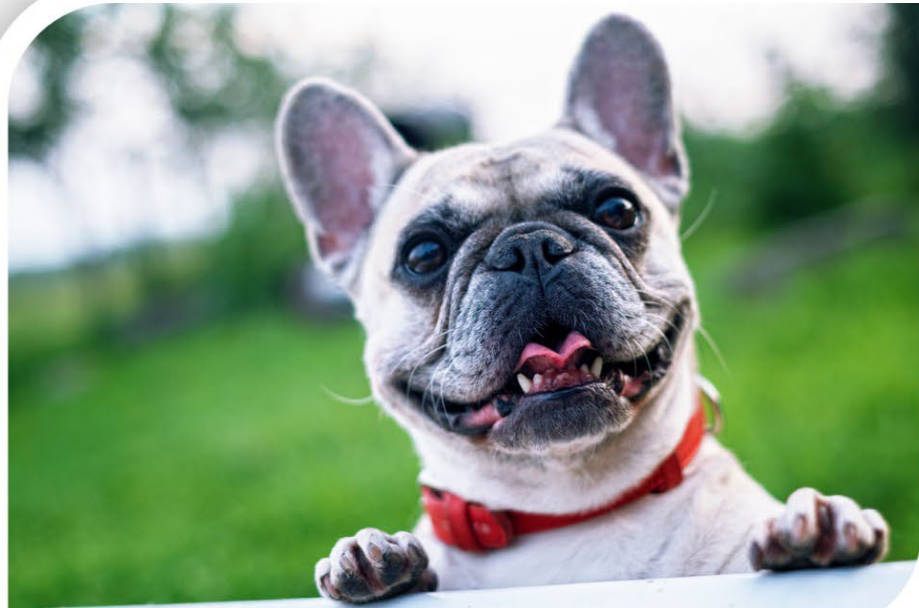
**VITAL ANIMAL**  
THE NATURAL PATH

**SPECIAL REPORT**  
by Dr. Will Falconer



# APOQUEL ALTERNATIVES

**DON'T RISK LONGTERM HEALTH  
FOR A SHORTSIGHTED FIX**



# APOQUEL ALTERNATIVES

You have every right to be concerned with this drug: it's both failing to control itch after some time of use, and, more importantly, it's showing side effects, many of which appear more serious than itchy skin!

Here, in the order of most likely to help to least effective, are some alternatives for you to try. I offer these after seeing many patients suffering "The Itch" over multiple decades of homeopathic practice now.

## 1. Hire a veterinary homeopath.

This is far and away your best hope to reach true cure. Cure means much more than stopping itching! The whole dog gets better in deep and lasting ways under constitutional prescribing.

The Itch is chronic disease, and vet homeopaths are trained in curing chronic disease. Your odds of curing this with a DIY (do it yourself) or "combo remedy" approach are slim to none. It's not even easy for those of us who are trained in homeopathy and practicing for many years.

I'm not looking for new patients particularly, but I have many colleagues who likely have room for you and do good work. Here's how to best locate them:

- Visit my [Recommended Resources page](#).
- Scroll down a bit to find the **Academy of Veterinary Homeopathy** link
- Once on the AVH site, click the blue button "Search for a Veterinary Homeopath"
- Read the next page, and then click "Proceed to the List" at the bottom
- Click the Advanced Search link

- You can search in several ways, but here are the most important considerations:

- #3: Check “Does phone consultations”

Why? Simple: there aren’t enough of us on the planet yet! It’s unlikely you’ll have a vet homeopath in your area at this point. ...Know that phone consulting works. Many of us have done this for years, and if you can describe symptoms well (which you likely can, or will learn quickly), a homeopath can find an appropriate remedy.

- #6: Check “75-100% Homeopathy”

Why? You want someone who’s not “got a foot in two canoes!” Suppressing some cases with drugs and trying to cure others with homeopathy makes one a poor homeopathic prescriber. You want someone who’s dedicated to this amazing art and science. Who “thinks” homeopathically.

## 2. Switch to a species appropriate diet, i.e. balanced raw food.

It’s usually simplest to start by buying prepared, frozen raw food. Less work, no guessing about balance, and very convenient. It’s even possible to get a great one home delivered: [Steve’s Real Food for Dogs](#) (and cats, actually) was one of the first to market well prepared, balanced raw diets, and they are still among the best out there. Alternately, you can shop natural pet stores in your area.

When you’re ready to try making your own, there are a number of sites and books that’ll help you do this. Dr. Google will be your friend here.

A raw diet will not cure every itchy dog! While I’d never discourage you from trying this (and getting off kibble entirely), a certain number of dogs will not fully get well on even the best raw food diet.

Why? They are in such a deep state of “immune confusion” now that they “see” many, many foods as allergens!

What to do if you’re already on raw food and it hasn’t helped? See #1 above. *A vet homeopath can cure the state of being allergic. Alternately, see #5 below.*

### 3. Prevent Fleas Naturally

Many, maybe most, allergic dogs, are set off by the tiniest bit of flea saliva. Normal, of course, would be that fleas are a very slight annoyance, until they are so numerous your poor dog feels like her skin is crawling by itself.

The temptation might be to bomb the house and drop chemical spot-ons onto her shoulders, but that's risky to both you and your dog and any other living beings who come in contact with your house or your dog. Pesticides aren't good for any living thing, mammals included.

Here's a page with real world tested strategies for controlling these little buggers and ticks, too: [Non-Toxic Flea Control](#).

Put these measures to work for you, be patient, and expect to see a flea-free environment and animal in 3-6 weeks. All without harming anyone except the vermin.

### 4. Prevent worsening the allergic state by opting out of further vaccinations.

Do what you have to to make this work for you. Vaccines caused this and more vaccinations will make curing the itch nigh on impossible. Again, I speak from experience here. This is [your #1 biggest decision for your animals](#), with the most harm or help, depending on how you decide on this.

I know, I know: your state has a law about rabies vaccinations. Every state in the U.S. does, in fact. It doesn't mean you still can't drop out of this system while you uphold the "intent" of the law (having your pets immune to rabies) without buying into upholding the "letter of the law."

The comments [on this article](#) will give you some of the many ways you can avoid this nonsense law, that completely ignores everything known about immunology and threatens your animal's health.

### 5. Slow the Immune Confusion

This is a stop gap measure, but will help buy some relief while you work on the things above: stimulate the immune system with the best immune stimulant measured on the planet to date: Transfer Factor. Immunologists know that a stimulated, "turned on" immune system is a balanced immune system, and one that's far less likely to show immune confusion like allergies.

If you've got a wildly itchy animal, I'd stay away from my usual favorite products, [TF Canine Complete](#) and [TF Feline Complete](#). These two are great for many conditions and I recommend them frequently, but, in an allergic dog or cat, there are just a few too many ingredients for my comfort level.

Better is the simpler human capsule, called [Transfer Factor Plus](#). That's the one I take regularly, and it's equally suited to pets. It's got the remarkably effective TF molecules along with a spectrum of medicinal mushrooms, and most animals will eat it readily if it's mixed into some raw or moist food.

How I dose it is in my ebook **Insider Immune Protocols**, available to you in your [Member Home](#) when you become a Vital Animal Pack member. You should be a member now if you're reading this, so just login at that link above and pick up this ebook, free of charge.

## 6. Other Natural Modalities

It may be the case that a vet acupuncturist who really knows his stuff could cure the allergic state. I couldn't, when acupuncture was the only modality I had learned many years ago when I first started my holistic education. But that doesn't mean there's not someone with success curing this state with acupuncture out there.

Similarly, there may be veterinary herbalists who can cure your itchy animal. As that also is not my field, I can't speak authoritatively on it.

You may be able to find either or both type of practitioner via the AHVMA list, also on my [Resources page](#).

# CONCLUSION

In conclusion, you have choices to help get your animal back to healthy and free of “the itch.” It’s important to understand a few key points as you embark on this journey:

1. **Curing** chronic disease takes time. Usually, that’s roughly half the amount of time the disease has been showing itself. Drugs like steroids or Apoquel “fool us” into thinking they can be fixed instantly. And then the other shoe drops: side effects that are often more serious than the original disease
2. You’ll do best with **professional help** on this path to cure, if you opt for a medicinal approach (like homeopathy or herbs or even acupuncture). All chronic diseases take case management. Doing that part well takes both training and experience.
3. If a **balanced raw diet** makes all the itch go away, super! In some animals it will, and over time, it could even lead to cure. You may have to sort out which meats your animal has more trouble with and avoid them. Common low-allergy offerings include turkey, venison, and rabbit.
4. Keeping a **diary of symptoms** and what provokes them time after time will both help guide your homeopathic vet and help guide your food choices when you shop.
5. Don’t ignore the vaccinations. As pointed out, they’ll only add to the immune confusion and likely make cure impossible. Avoiding more may take some research, or it may be just as simple as “dropping out.”

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I wish you the best with this difficult disease, difficult both for your animal and for all the people who live with him. It can be cured, and my hope is that you’ll pursue that above all else.

I also hope you’ll see what got your animal to this bothersome state, and vow to raise the next animals who come to you differently.

Best of health to you and all those in your care,

Will Falconer,  
DVM <http://VitalAnimal.com>

# ABOUT ME

I started out in conventional veterinary practice in 1980, using all the latest drugs and surgeries. After seven years, I was inspired to begin holistic re-training and established a full time, solo, homeopathic practice, treating animals globally from Austin, Texas.

To reach more people, I began blogging and sharing the wealth of information that I gleaned from years of study and holistic practice.

Around 2010, I made the connection that my sick animal patients were often falling ill from veterinary intervention that ironically, was being done in the name of prevention. I was spending my hours and days treating one sick animal at a time, many of whom were victims of over-vaccination, toxic pest control and toxic, lifeless diets, and yet these preventable problems weren't going away, because the diseases were now often chronic and long lasting.

My calling to teach became crystal clear, and Vital Animal was born. I educate animal owners how to raise wildly healthy animals in tune with timeless natural laws.

My purpose is to help you sidestep the damage of conventional "prevention" with a better way, which I call **The Natural Path**.



Today I live on 200 acres of pristine nature in the Hill Country of Central Texas and I'm inspired daily by walking the land there and swimming in natural water ways. Animals that visit my clinic often think they are just visiting a friend...and the truth is, they are.



I'm glad you're here and I look forward to serving you and your vital, healthy animals. Make sure you stay up to date with all the latest. **Like** and **Follow** my Facebook page, [FB.com/VitalAnimalPack](https://www.facebook.com/VitalAnimalPack) where you will find lots of informative content along with my Facebook LIVE broadcasts where you can ask me anything about your pets.

Welcome to the natural path,

Dr. Will Falconer