



THE 3D CHAKRA SYSTEM

The following chakras govern the animal mental, physical, and emotional body

	7	6	Animals Only	5	Animals Only	4	3	2	1
CHAKRA	Crown	Third Eye	Sensing	Throat	Brachial Major	Heart	Solar Plexus	Sacral	Root
COLOUR	Violet	Indigo White	Silver Blue	Azure SkyBlue	Black	Green Pink	Yellow Gold	Orange	Red
LOCATION	Top of head between ears	Brow, center of forehead above eyes	Bridge of nose between nose tip and eyes	Lower jaw across throat	On both sides of body, in front of the shoulder blade	Heart center, front of chest and underneath chest	Middle of spine	Center of hip region of spine	Base of tail, where connected to body
MENTAL Feelings Processing Life	INTUITION Life force connection and oneness with the infinite. Divine wisdom, understanding, selfless service, perception beyond space and time, grace, beauty	UNIVERSE Psychic insight and telepathy, the way all animals communicate. Very developed in most animals. Intuition, knowledge, understanding, insight, imagination, sense of belonging, teacher, to choose life, health & joy in all aspects of living	BALANCE Sensory intake - how the animals process all stimuli via seeing, hearing, smelling, touching, feeling and knowing	EXPRESSION Communication and self expression, esp. conscious communication with intent, truth, knowledge and wisdom, freedom and release	LOVE & SAFETY Control center accessing all the chakras of the body; very powerful Please note: The Brachial Major is animal specific. This chakra was founded by Margrit Coates.K23	LOVE Divine, unconditional love, energizes the blood and physical body with life force, releasing pain, boredom, hospitalization, loneliness, stress, mental and physical abuse and lack of love	SELF-WORTH Self-preservation , self-worth, esteem, confidence, freedom to choose, personal power & will, key center for humans and animals to communicate physically, sympathetic nervous system, digestive system, metabolism & emotions	POWER Procreation, food assimilation, physical force & vitality, sexuality & creativity, security, sense of others, balance, internal equilibrium, pleasure, one-to-one relationships in household	SURVIVAL Lack of grounding to the planet, survival, status, individuality, security / safety, stability, protection, health, courage, patience, strength, belonging, one's right to their own space
PHYSICAL Main organs & endocrine glands	Cerebral cortex, <u>pituitary gland</u> , skull, brain, central nervous system, cranio-spinal system, spine, skin, fur or feathers, <u>right eye</u>	Brain, <u>pineal gland</u> , <u>hypothalamus</u> , <u>thalamus</u> , ears, <u>left eye</u> , nose, fur, hair, skin, endocrine system	Face, nose, eyes, ears, paws / hoofs, whiskers and tail tip	Throat, <u>thyroid</u> , <u>parathyroid</u> , mouth, teeth, vocal cords, ears, shoulders, forearms	Heart, <u>thymus</u> , lungs, respiratory system, circulatory system, head, neck, chest, front legs and paws	Heart, <u>thymus</u> , lungs, respiratory system, circulatory system, chest, immune system, front legs and paws, shoulders	Whole body, stomach, digestive system, gallbladder, <u>pancreas</u> , liver, diaphragm, kidneys, nervous system, muscles	<u>Ovaries</u> , <u>testicles</u> , <u>prostate</u> , genitals, <u>adrenal glands</u> , spleen, intestines, womb, bladder, lower back, kidneys, lymphatic system	<u>Anal glands</u> , <u>violet gland</u> , kidneys, spine, colon, hind legs and paws, bones, blood, elimination system
EMOTIONAL Showing up as physical imbalances	Grief, depression, disorientation, eyesight, fear, headaches, panic attacks, pining, senility, separation anxiety, stress, tension, training issues	Headaches, depression, concentration issues, hair loss, hearing loss, hyperactivity, post-traumatic pain, skin allergies	Over or under reacting to events, noises, circumstances or training cues, any imbalance in the eyes, ears, nose, tail etc, docked tails, clipped whiskers, blindness, deafness, inappropriate elimination, aggression, intolerance, timidity	Depression, excessive or lack of vocalization , vocal problems , "not being heard", metabolism, teething, thyroid issues, lack of discernment, knowledge used unwisely	May potentially encompass imbalances in all other chakras; HUGE emotional release center ; relationship with humans, natural instinc+K5ts, awareness, transformation, darkness to light, revelation, healer, release	Anger, aggression, arthritis, blood disorders, emotional issues, inability to bond, feral cats, abuse, rescued animals, stress related asthma, colic	Diabetes, digestive problems, depression, lack of power and confidence, immune system, obsessive behaviour, training issues, nervousness	Hormones, spay & neuter issues, low confidence, weakness, low energy, low back pain, SHOCK stored here	Insecurity, fear, lack of trust, incontinence, blood disorders, bone disorders, fight or flight
COMP COL	Yellow Gold	Orange Yellow		Orange		Red	Violet	Azure SkyBlue	Green Pink

Sources: Lynne McKenzie https://lynnmckenzie.com/wp-content/uploads/2015/08/Chakras_HealingandUnderstanding_CompleteHandout.pdf & Margrit Coates, 'Hands on Healing for Pets'